



Winter

THE BEAR INN



“What could be more important than a little something to eat?”

Winnie the Pooh (A. A Milne)

FOR THE TABLE

MISTOLIVA OLIVES v/vg/gf/df	4.5
GARLIC & ROSEMARY FOCACCIA 5 <i>olive oil. Homemade at The Bear v/vg/df</i>	
CHARGRILLED PADRON PEPPERS 5 <i>smoked sea salt v/vg/gf/df</i>	
LOCAL HONEY & WALNUT (for two) 17 BAKED CAMEMBERT v/gfo/nuts <i>caramelised onion chutney, toasted sourdough</i>	

STARTERS

SALT & PEPPER CALAMARI 9 <i>crispy squid rings, aioli, lemon</i>	
SUSSEX SCOTCH EGG 9 <i>local sausage meat, hollandaise, parmesan</i>	
WHITE BEAN & LEEK SOUP 8 <i>toasted garlic focaccia v/vg/df/gfo</i>	
POTATO & MUSHROOM CROQUETTES 8 <i>miso truffle mayo v/vg</i>	

MAINS

WILD VENISON COTTAGE PIE 19 <i>Topped with blue cheese mash. Tenderstem broccoli gf</i>		SUSSEX BEEF BURGER 17 <i>Two 4oz patties, toasted brioche bun, crisp lettuce, tomatoes, gherkins, burger sauce, house chips, coleslaw gfo</i> Add bacon £1.25 / Add cheese £1.25
FLAT IRON STEAK (100z) 26 <i>Confit cherry tomatoes, tenderstem broccoli, house chips, peppercorn sauce gfo</i>		CUMBERLAND SAUSAGES & MASH 17 <i>Seasonal greens, red onion gravy</i>
COD CHOWDER 22 <i>Pan fried cod fillet, mussels, potato, greens, pickled cucumber, toasted focaccia</i>		HONEY ROASTED HAM 16 <i>Fried hen's egg, house chips, peas gf/df</i>
CHICKEN, HAM & LEEK PIE 19 <i>Seasonal greens, creamy mash, red wine gravy</i>		SCAMPI 17 <i>house chips, peas, tartare sauce, lemon df</i>
RATATOUILLE RISOTTO 17 <i>fresh basil, sundried tomatoes v/vg/gf/df</i>		
AUBERGINE PARMIGIANA 16 <i>Layered roasted aubergine, in a rich tomato sauce, vegan cheese, basil, house salad v/vg/gf</i>		
HARVEYS BEER BATTERED COD 18 <i>House chips, peas, tartare sauce, lemon gfo</i>		
LAMB BURGER 18 <i>Harrisa onions, goats cheese, toasted brioche bun, house chips</i>		

SIDES

HOUSE CHIPS v/vg/gf/df	4.5
CHEESY CHIPS v/gf	5.5
GARDEN SALAD 4.5 <i>lettuce, lemon dressing, parmesan v/vgo/gf</i>	
TENDERSTEM BROCCOLI 5 <i>Sautéed chilli v/vg/gf</i>	

SANDWICH OF THE DAY 14

Toasted ciabatta, with house chips.
Please ask your server for our daily sandwich filling gfo

DESSERTS

WINTER BERRY & APPLE CRUMBLE 8 <i>vanilla bean custard v</i>	BAILEYS AFFOGATO 8 <i>vanilla ice cream, honeycomb v/gf</i>	STICKY TOFFEE PUDDING 8 <i>butterscotch sauce, caramel ice cream v</i>
HONEY & SEA SALT BROWNIE 8 <i>caramel sauce, vanilla ice cream v</i>	VEGAN CHOCOLATE BROWNIE 8 <i>vanilla ice cream v/vg</i>	
TRIO OF ICE CREAMS v/vgo 7.5	PETE'S HOMEMADE RUM & RAISIN ICE CREAM v	4.5 per scoop

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
'Option' = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge