



Winter

THE BEAR INN



Sunday

“What could be more important than a little something to eat?”

Winnie the Pooh (A. A Milne)

FOR THE TABLE

MISTOLIVA OLIVES v/vg/gf/df 4.5

GARLIC & ROSEMARY FOCACCIA 5
olive oil. Homemade at The Bear v/vg/df

CHARGRILLED PADRON PEPPERS 5
smoked sea salt v/vg/gf/df

LOCAL HONEY & WALNUT (for two) 17
BAKED CAMEMBERT v/gfo/nuts
caramelised onion chutney, toasted sourdough

STARTERS

SALT & PEPPER CALAMARI 9
crispy squid rings, aioli, lemon

SUSSEX SCOTCH EGG 9
local sausage meat, hollandaise, parmesan

WHITE BEAN & LEEK SOUP 8
toasted garlic focaccia v/vg/df/gfo

POTATO & MUSHROOM CROQUETTES 8
miso truffle mayo v/vg

SUNDAY ROASTS

SUSSEX TOPSIDE OF BEEF 22
Duck fat roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, beef jus, Yorkshire pudding, horseradish gfo

ROASTED CHICKEN SUPREME 20
Duck fat roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, Yorkshire pudding, beef jus gfo

SLOW COOKED PORK BELLY 20
Duck fat roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, beef jus, Yorkshire pudding, apple sauce gfo

ROASTED SWEET POTATO, PEPPER & SPINACH WELLINGTON 19
Roast potatoes, braised red cabbage, glazed carrots, tenderstem broccoli, Yorkshire pudding, gravy v/vg/df

MAINS

HARVEYS BEER BATTERED COD 18
House chips, peas, tartare sauce, lemon

SUSSEX BEEF BURGER 16
Two 4oz patties, toasted brioche bun, crisp lettuce, tomatoes, gherkins, burger sauce, house chips gfo
Add bacon £1.25 / Add cheese £1.25

RATATOUILLE RISOTTO 16
fresh basil, sundried tomatoes v/vg/df

SIDES

HOUSE CHIPS v/vg/gf/df 4

CHEESY CHIPS v/gf 5

GARDEN SALAD 4
lettuce, lemon dressing, parmesan v/vgo/gf

TENDERSTEM BROCCOLI 5
Sautéed chilli v/vg/gf

DESSERTS

WINTER BERRY & APPLE CRUMBLE 8
vanilla bean custard v/gf

BAILEYS AFFOGATO 8
vanilla ice cream, honeycomb v/gf

STICKY TOFFEE PUDDING 8
butterscotch sauce, caramel ice cream v

HONEY & SEA SALT BROWNIE 8
caramel sauce, vanilla ice cream v

VEGAN CHOCOLATE BROWNIE 8
vanilla ice cream v/vg

TRIO OF ICE CREAMS v/vgo 7.5

PETE'S HOMEMADE RUM & RAISIN ICE CREAM v

4.5 per scoop

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
‘Option’ = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge