



Winter

THE BEAR INN



"What could be more important than a little something to eat?"

Winnie the Pooh (A. A Milne)

FOR THE TABLE

MISTOLIVA OLIVES v/vg/gf/df	5.5
GARLIC & ROSEMARY FOCACCIA olive oil v/vg/df	6
CHARGRILLED PADRON PEPPERS smoked sea salt v/vg/gf/df	6
HOT HONEY & THYME (for two)	18
BAKED CAMEMBERT v/gfo toasted focaccia, red onion	

STARTERS

SALT & PEPPER CALAMARI crispy squid rings, aioli, lemon df	9.5
CHORIZO SCOTCH EGG parmesan hollandaise	9
SOUP OF THE DAY toasted garlic focaccia v/vg/df/gfo	8
TOASTED PITTA BREAD & HUMMUS wild garlic oil, pine nuts v/vg	7

MAINS

VENISON BOURGUIGNON, rich red wine sauce, carrots, mushrooms, bacon red cabbage, creamy mash gfo	21	LENTIL & CHESTNUT MUSHROOM SHEPHERD'S PIE, root vegetable mash, broccoli v/vg/gfo/df	17
FLAT IRON STEAK (10oz), confit cherry tomatoes, tenderstem broccoli, house chips, peppercorn sauce gfo/dfo	26	PLANT BASED THAI RED CURRY, squash, corn, cauliflower, seasonal greens, coconut rice v/vg/gfo/df	17
STEAK, ONION & ALE PIE, seasonal greens, creamy mash, red wine gravy	21	LIGHT BITES 12pm-2:45pm	
HARVEYS BEER BATTERED COD, house chips, peas, tartare sauce, lemon gfo/dfo	18	SANDWICH OF THE DAY Toasted ciabatta, with house chips.	15
BANGERS & MASH, cumberland sausages, creamy mash, seasonal greens, red onion gravy	17	Please ask your server for our daily sandwich filling gfo	
FRANGO BURGER, buttermilk fried chicken, cabbage slaw, baby gem lettuce, sriracha, toasted brioche bun, house chips gfo	18	SIDES	
SUSSEX BEEF BURGER, 8oz beef burger, toasted brioche bun, crisp lettuce, tomatoes, cheese, gherkins, burger sauce, house chips, coleslaw gfo/dfo Add bacon £1.25	18	HOUSE CHIPS v/vg/gfo/df	5
SCAMPI, house chips, peas, tartare sauce, lemon df/gfo	18	CHEESY CHIPS v/gfo	6
SUSSEX HAM, fried hen's egg, house chips, peas df/gfo	16	SIDE SALAD baby gem lettuce, cucumber, cherry tomatoes, onion v/vgo/gf	5
		TENDERSTEM BROCCOLI Sautéed chilli v/vg/gf	5

DESSERTS

SPICED APPLE, PEAR & STEM GINGER CRUMBLE custard v/vg/vgo/gf	8	AMARETTO & MINCE PIE AFFOGATO vanilla ice cream, espresso v/gfo/mcn	8	STICKY TOFFEE PUDDING butterscotch sauce, caramel ice cream v/mcn	8
CHOCOLATE & ORANGE BROWNIE vanilla ice cream v/mcn	8	BAILEYS CRÈME BRÛLÉE with shortbread biscuit v/gfo	8	CHEFS HOMEMADE RUM & RAISIN ICE CREAM v/mcn	4.5 per scoop
TRIO OF ICE CREAMS v/vgo/mcn	7.5				

PLEASE LET US KNOW OF ANY ALLERGIES OR DIETARY REQUIREMENTS

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option (df) dairy free (dfo) df option (nuts) contains nuts
'Option' = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge