

THE BEAR INN

SUNDAY MENU

All of our dishes are homemade at The Bear, using fresh, seasonal ingredients.

FOR THE TABLE

- Mistoliva olives 5.5 v/vg/gf/df
Tomato, rosemary & garlic focaccia olive oil 6 vg/df
Chargrilled padron peppers, smoked sea salt 6 v/vg/gf/df
Hot honey & thyme baked camembert, toasted focaccia, red onion (for two) 18 v/gfo

STARTERS

- Salt & pepper calamari, crispy squid rings, aioli, lemon 9.5 df
Chorizo scotch egg, parmesan hollandaise 9
Tempura asparagus, jalapeño mayo v/vg/gf 8
Soup of the day, toasted garlic focaccia v/vg/df/gfo 8
Ham & cheese croquettes, dijon mayo, crispy sage 8
Beetroot hummus & toasted pitta, pine nuts 8 v/vg/nuts

SUNDAY ROASTS

All served with seasonal vegetables, roast potatoes, gravy, Yorkshire Pudding

- Sussex sirloin (served pink) 23 gfo / Roast chicken supreme 20 gfo / Slow cooked pork belly 20 gfo
Veggie Wellington (Roasted Sweet Potato, Peppers & Spinach) 19 v/vg/df

MAINS

- Harveys beer battered cod, house chips, peas, tartare sauce, lemon 18 gfo/dfo
Sussex beef burger, 8oz beef burger, toasted brioche bun, crisp lettuce, tomatoes, cheese, gherkins, burger sauce, house chips, coleslaw 18 gfo/dfo (Add bacon 1.25)
Sweet & sour aubergine, walnuts, pomegranate, rice 17 v/vg/df

SIDES

- Pigs in blanket 6.5
House chips 5 v/vg/gfo/df
Cheesy chips 6 v/gfo
Side salad, baby gem lettuce, cherry tomatoes, onion, cucumber 5 v/vgo/gf

DESSERTS

- Rhubarb & apple crumble, ginger oat crumble, custard 8 v/vgo/gf
Chocolate mocha brownie, caramel ice cream 9 v/mcn
Baileys affogato, vanilla ice cream, espresso 8 v/gfo/mcn
Glazed lemon tart, raspberry curd 8 v
Sticky toffee pudding, butterscotch sauce, caramel ice cream 8 v/mcn
Chefs homemade rum & raisin ice cream 4.5 per scoop v/mcn
Trio of ice cream 7.5 v/vgo/mcn

Please make your server aware of any allergens prior to ordering

(v) vegetarian (vg) vegan (vgo) vg option (gf) gluten free (gfo) gf option
(df) dairy free (dfo) df option (nuts) contains nuts 'Option' = this dish can be adapted. Please ask for details

Tables of 10+ will be subject to a 12% service charge